**Orleton Menu Sep – Dec 20 – Your copy to keep**

**Please advise the school office of any allergies**

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| Weeks | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |

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| **1**w/c 2nd Sep w/c 21st Sepw/c 12th Octw/c 9th Novw/c 30th Nov**No Mon & Tue first week**   | Tuna Pasta Bake,Broccoli & Sweetcorn*V- Cheese & Tomato Pasta Bake***Rice Pudding** | Beef Casserole,Rice &Green Beans*V – Veggie Casserole***Jam Tart & custard** | Roast Chicken & StuffingPotatoes, CarrotsBroccoli & Gravy*V – with Quorn Roast Fillet***Fruit yoghurt** | Sausage & GravyMashed potatoCarrots & Peas*V – Glamorgan Sausage***Cream Sponge** | Battered Cod, Chips & Mixed Veg*V – Homemade Veggie Burger***Raspberry yoghurt cake** |
| **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  |

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| **2**w/c 7th Sepw/c 28th Sepw/c 19th Octw/c 11th Novw/c 7th Dec | Pasta CarbonaraGreen beans & sweetcorn*V – Cheese & Broccoli bake***Fruit in Jelly** | Shepherd’s PieCarrots & Broccoli*V – Veggie Shepherd’s Pie* **Peach Sponge & Custard**  | Roast pork, & Apple SaucePotatoes, Cabbagecarrots & gravy*V – Quorn Roast Fillet***Fruit Yoghurt**  | Pizza, Baked Potato& Sweetcorn*V – Veggie Pizza***Chocolate Brownie**  | Fish Cake, Chips&Tomato*V – Savoury Falafels***Sultana Flapjack** |
| **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  |

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| **3** w/c 14th Sepw/c 5th Octw/c 2nd Novw/c 23rd Nov  | Chicken Curry Rice & Peas*V – Sweet Potato & Vegetable Curry***Toffee Tart**  | Cheese & Potato PieBacon & baked beans*V – Veggie Bacon***Apple Crumble & Custard** | Roast Beef, Yorkshire Pudding carrots, cauliflower & potatoes*V – Quorn Roast Fillet***Fruit yoghurt** | Baked PotatoTuna, CheeseCucumber, Tomato& shredded carrot*V – as above* **Sultana Oat Cookie** | Fish Finger, Chips& Sweetcorn*V – Veggie Burger***Raspberry Buns** |
| **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  |