**Orleton Menu Sep – Dec 20 – Your copy to keep**

**Please advise the school office of any allergies**

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| Weeks | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |

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| **1**  w/c 2nd Sep  w/c 21st Sep  w/c 12th Oct  w/c 9th Nov  w/c 30th Nov  **No Mon & Tue first week** | Tuna Pasta Bake,  Broccoli & Sweetcorn  *V- Cheese & Tomato Pasta Bake*  **Rice Pudding** | | Beef Casserole,  Rice &  Green Beans  *V – Veggie Casserole*  **Jam Tart & custard** | | Roast Chicken & Stuffing  Potatoes, Carrots  Broccoli & Gravy  *V – with Quorn Roast Fillet*  **Fruit yoghurt** | | Sausage & Gravy  Mashed potato  Carrots & Peas  *V – Glamorgan Sausage*  **Cream Sponge** | | Battered Cod, Chips  & Mixed Veg  *V – Homemade Veggie Burger*  **Raspberry yoghurt cake** | |
| **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  |

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| **2**  w/c 7th Sep  w/c 28th Sep  w/c 19th Oct  w/c 11th Nov  w/c 7th Dec | Pasta Carbonara  Green beans & sweetcorn  *V – Cheese & Broccoli bake*  **Fruit in Jelly** | | Shepherd’s Pie  Carrots & Broccoli  *V – Veggie Shepherd’s Pie*  **Peach Sponge & Custard** | | Roast pork, & Apple Sauce  Potatoes, Cabbage  carrots & gravy  *V – Quorn Roast Fillet*  **Fruit Yoghurt** | | Pizza, Baked Potato  & Sweetcorn  *V – Veggie Pizza*  **Chocolate Brownie** | | Fish Cake, Chips  &Tomato  *V – Savoury Falafels*  **Sultana Flapjack** | |
| **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  |

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| **3**  w/c 14th Sep  w/c 5th Oct  w/c 2nd Nov  w/c 23rd Nov | Chicken Curry  Rice & Peas  *V – Sweet Potato & Vegetable Curry*  **Toffee Tart** | | Cheese & Potato Pie  Bacon & baked beans  *V – Veggie Bacon*  **Apple Crumble & Custard** | | Roast Beef, Yorkshire Pudding carrots, cauliflower & potatoes  *V – Quorn Roast Fillet*  **Fruit yoghurt** | | Baked Potato  Tuna, Cheese  Cucumber, Tomato  & shredded carrot  *V – as above*  **Sultana Oat Cookie** | | Fish Finger, Chips  & Sweetcorn  *V – Veggie Burger*  **Raspberry Buns** | |
| **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  | **Tick if ordered** |  |